

## **Custom Spray Tanning**

Please try your best to prepare for your tan as these instructions will allow the best possible outcome! I recommend scheduling your appointment 24-48 hours prior to your big event. Regular Spray Tan develops in 8-10 hours and the Rapid Spray Tan develops in 2-4 hours.

### **The night before your tan:**

- Please shave the night before your appointment. If waxing, please wax 2-3 days prior. If sugaring, you can get sprayed right after.
- Avoid any soap or body wash that is moisturizing. These may leave a film on the skin that can result in a blotchy, uneven tan.
- EXFOLIATE. Especially your elbows, knees and heels. This will help promote even coverage due to these areas being drier.
- Moisturize well before bed.

### **The day of your tan:**

- Please shower and remove all makeup, sunscreen, moisturizer, perfume and deodorant before your session. If possible, avoid using the products day of.
- Wear dark, loose fitting clothing to avoid rubbing on the skin. Avoid tennis shoes or any tight-fitting shoes. Flip flops are best.
- You are welcome to tan however you want. Disposable underwear is provided if needed. If you prefer to wear your bathing suit or underwear, be sure they are dark in color.

### **Aftercare:**

- Rapid Tan will need to set in for 2-4 hours before your tan and regular tan 8-10 hours before showering (overnight is best).
- Avoid wearing shoes or socks after your session.
- Avoid moisturizer or deodorant after your session.
- Avoid wearing light colored clothing for at least 5 hours.
- Avoid exercising for at least 12 hours.
- For your first shower, no soap or loofas. Just a rinse off with water. Pat dry with a towel as rubbing may rub off your tan. Moisturize immediately.
- Remember to apply SPF as a spray tan is NOT sunscreen.
- Keep in mind chlorine and hot water may fade your tan faster.

*When you shower you may see some color wash off, this is normal. Enjoy your beautiful tan and please contact Brittini at 909.802.0130 if you have any questions!*